

HACORN

Vol. 14 Issue 3



In A Nutshell 2015 Save the Dates:

See updates and more detailed information on our family website myhuthfamily.com

Friday July 17 Golf Tournament to Benefit
The Henry & Laura Huth Foundation
Chenoweth Golf Course
3087 Chenoweth Rd. Akron, OH
First tee time @ 9:00
Contact: Ljohnson@npn360.com

Saturday July 18

Ohio Sportsman's Club 1775 Jacoby Rd. Copley, OH 12:00 Covered dish lunch (Please bring a foil container for easy clean-up)

1:30 Photos

Reunion -

2:00 Pauline's Corner/Painting 3:00 Let the Games Begin

Volleyball
Horse-shoe
Disc Golf

Competition w/prizes

6:00 Cookout 9:00 Cleanup

Sunday July 19 8:00 Presidential Breakfast

3:00 Clean-up

WE NEED YOUR HELP!

Are you listed in our Family Directory?

Did you move or change your email address?

You can request a copy of our newsletter, The Acorn (Spring edition)

We will send to you online, or mail to your home address.

Also, assign a family member to supply us with news, information about family members, graduations, births, artwork, even music recitals...to use for our newsletters and our up-coming 2015 Huth Family Reunion Video.

We need your writings, input, thoughts, videos, pictures (even selfies!)

DEADLINE is APRIL 15th, 2015

Letter from The Huth Family President

'Tis The Season to 'Stress-Less'

Warmest wishes to all... and welcome home for the Holidays!

This is a special time of the year for family.

When my boys were young, we enjoyed making crafty items for Christmas. We made Christmas tree ornaments with 'Sculpty' clay and tried new holiday recipes. Together we found real joy; singing, crafting, and preparing for my extended family and friends to visit. I love the smell of pine tree branches, the smell of cinnamon and peppermint, and sitting by a warm fire with family. We would plan ski trips to New York and Colorado. The warmth of 'family time' at Christmas warmed my heart and soul. Then came high school...their friends, sports, and college. Where did the time go? They grew-up...and my holiday stress levels grew with them!

Do you get stressed-out around the holidays? The holidays can be a joyful time, offering a chance to reconnect with family and friends. But they can also be stress-full. You may not be able to avoid stress-full situations during this time, but you can plan to respond to them in a healthy way.



I tried the 'to-do' list, getting an earlier start...nothing seemed to help my holiday stress. Stress can lead to anxiety. It's like carrying extra weight. Who wants extra weight around the holidays?(I'm looking for some kind of Teflon, so stress does not stick to me.)

Continued on next page.

BTW: We are giving service credits for the tweens and teens who need social service credits for school! Thanks to those who offered to help support our efforts with a pledge, or help serve on our reunion committee.

We share stories and make memories.

"Our family values are rooted in love, empathy and compassion for each other and the community we serve. We have fun while making memories"





Marian Holibaugh (4), left was honored with 'Queen' status on September 20, 2014 at Ellet High School. Pictured next to Marian is her sister, Liz Rodenbaugh (7). Also joining the reunion is Liz's son, Joe Roonan, (7) and Marian's son Dan Holibaugh (4) and Iana Edmunds.



Captain John B. Delcambre (Del) (7) U.S. Navy / Medical Corps celebrated his retirement Saturday 13th of September 2014 @ The Joint Reserve Base NOSC Fort Worth,TX Which was followed by a reception.

Del's brother Joe Roonan (7), Dick Huth (10) traveled from Ohio to Fort Worth, Texas with Jana Edmunds & Jan Grell to honor Del's service and share in the celebration. Del's brother Dan DiCenzi (7) & Sherry Welton, both live in Dallas were also able to attend the celebration. Joe's Birthday celebration the night before. Pictured Left to right Joe & Jana, Del & wife Christine, Dan & Sherry.

July 2014 Reunion The oldest Marian Holibaugh (4) age 93 the youngest Baby Bella (1) (8 mos)



Jennifer Johnson (9) with Aunt Liz (7) Natalia Greigo (9) In town for a short visit.



Chef Del found a way to make good use of his surgical skills during Thanksgiving Day Dinner!

Reminder: Have you sent your pledge....you can send to: the Acorn 1245 S. Cleveland-Massillon Rd. Suite #8 Akron, Oh. 44321 or call 330.666.3070 for questions or more info. You can re-pledge also at this year's reunion. Thanks you for your generous gift.

So I made the list of things that trigger my stress. The first things on the list were the things that really bug me. How can I make things run more smoothly by getting rid of the little things that were the source of my stress? How can I get into a 'creative flow' with so much to do?

During the week of Thanksgiving, I put into place a new set of principles. I created my 'Creative Focus Time.' This is a chunk of time...from 1-3 or 5-7 every day. This is a designated time period to get things done. I write, I plan; I decorate...only during that time period. Creativity is flowing again!

Share your thoughts with us for a stress-free new year in 2015. Find what works for you. Practice meditation. Stress can reach all-time highs around the holidays. But recent research suggests that just 25 minutes of mindful meditation is enough to alleviate it. Bundle up and go for a short walk. Conflicts related to parents or a loved one—the people who are closest to us—are some of the most stress-full of all.

'Tis the Season to **be well** and *Stress-Less!*Merry Christmas and Best wishes for good health in 2015!





12 quicher

Each 52

calories + 4.7s

protein • z.óg fat

1.3g carb + .3g fiber

Quiche Cups To-Go

Ingredients

10 oz. pkg chopped spinach (frozen/thawed) 3 large eggs, plus 3 large egg whites 3/4 cup shredded skim

mozzarella cheese

½ cup diced red bell peppers

½ cup diced onion

Directions Line 12 muffin tins with baking cups moistened with cooking oil spray. Squeeze excess water from spinach. Whisk eggs; combine with all ingredients.

Drop into baking cups. Bake at 350 degrees F about $\ 20$ minutes, until center is firm. Make ahead and freeze.

Prayer requests Please email all prayer requests to lanakennedy@icloud.com and we will try our best to include them in the next newsletter.

"People are often unreasonable and selfcentered. Forgive them anyway.

If you are kind, people may accuse you of ulterior motives. Be kind anyway.

If you are honest, people may cheat you. Be honest anyway.

If you find happiness, people may be jealous. Be happy anyway.

The good you do today may be forgotten tomorrow. Do good anyway.

Give the world the best you have and it may never be enough. Give your best anyway. For you see, in the end, it is between you and God. It was never between you and them anyway."

- Mother Teresa

PLEDGES TO DATE 2014 2015



For the first year ever, we are entering our Huth reunion in the black. We know that everyone can't afford to make a contribution or pledge every year but we still want EVERYONE to attend the reunion, especially this year as we are entering in the black.

THANK YOU to all of you who have been so generous throughout the years. We want to celebrate all of you.

We look forward to seeing all of you at the 2015 Huth Family Reunion! We have a lot of activities in store, something for everyone. Invite a new family member.



The Henry & Laura Huth Family Mission and Goals

"Keep our family heritage strong in thought and deeds.

Our family values are rooted in love, empathy and
compassion for each other and the community we
serve. Let's make memories and have fun!"

- 1. Continue effective communications with each other in the best way possible. (The Acorn-our newsletter, Facebook, web sites, photographs, video, email, snail-mail and encouragements-cards)
- Lead with the empathy and compassion that Laura
 Huth displayed while raising 12 children during tough times during the depression.
- 3. Continue to encourage the second, third and fourth generations to help support all efforts of our family foundation and reunions.



The Henry & Laura Huth Family 1245 S. Cleve.-Mass. Rd. • Suite 8 Akron, OH 44321

[Recipient]

Address Line 1

Address Line 2

Address Line 3

Address Line 4